

Girls Cross Country 2015

June 22 Mon	Freshman/ Parent Orientation 7:00PM RM 910
June 29 Mon	Unofficial summer workouts for varsity (M-S)
July 6 Mon	Cross Country Camp Begins 7:30-9:30 (M-S)
Aug 1st Sat	Time Trial for Jalama (Elite Camp)
Aug 11-16	Leave for Jalama (Elite Camp)
Aug 22 Sat	Final Time Trial/Parent Meeting
Aug 25 Tues	1st day of school- after school practice begins
Aug 29 Sat	Alumni Race 8:00 AM
Sept 5 Sat	El Prado Golf Course – Chino 7:30 PM
Sept 19 Sat	Mt Carmel-San Diego/ Kualoa Ranch Hawaii
SEPT 26 SAT	ALL DAY DANA HILL INVITATIONAL
Oct 6 Tues	SCL Cluster Meet 1 PM Irvine Regional Par
Oct 10 Sat	Clovis Invite @ Fresno
Oct 17 Sat	OC Champs@Irvine Regional Park 8:00 AM
Oct 24 Sat	Mt. Sac Invitational 7:15 AM
Nov 4 Wed	SCL Finals@ Mt. Sac Irvine Regional 1:00pm
Nov 14/21	Sat CIF Prelims/Finals@Mt. Sac
Nov 28 Sat	State Meet@Fresno
Dec 9 Wed	Awards Banquet